

 **WIRRAL** Lifelong & Family Learning Service

**Making Tasty Foods**

**A Free 5 week Course**

for Parents / Grandparents / Carers

**Start date: Wednesday 14<sup>th</sup> January 2015**

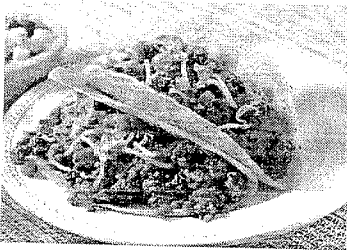
**Time: 9.30am - 12.00**

**End date: Wednesday 11<sup>th</sup> February 2015**

**(5 weeks of making and tasting 25 different recipes)**

**Where: Eastway Children's Centre**

Learn how to prepare Quick, Healthy and  
Economical meals and snacks



New Recipes  
New Skills

